

AUTUMN RESIDENCY

Thursday 29th August - Sunday 1st September 2019

The Lost Dog residency is back. This will be a 4 day intensive led by Lost Dog's Artistic Director, Ben Duke, and is open to any performers and makers interested in Lost Dog's process. The residency will look at some of the tasks that make up Lost Dog's methodology with a particular emphasis on the ideas involved in Ben Duke's recent work 'Goat' that he made with Rambert and the latest Lost Dog work 'Juliet and Romeo'. These tasks will look at the process of drawing inspiration from our own autobiography as well as from the stories we all know. We will be working with a range of physical, theatrical and vocal tasks, that make up part of our devising process.

"I enjoyed that we were given a lot of different ways, ideas and tools to enter in the movement and creation of material. I thought it was very generous from Ben to share his work in a way that allows us to bring the experience home and to get inspired by it. The atmosphere was really nice, positive and familiar and not pressurized...that influences practice in a very good way!" – Participant 2016

The days will begin with a warm up contemporary ballet class taught by former Nederlands Dans Theatre dancer and LCDS teacher, Pippa Duke. Pippa's class is deliberately inclusive and accessible to contemporary dancers, often starts with slow somatic exercises on the floor, and focuses on moving freely and expansively through the space. This will be followed by creative sessions led by Ben.

The residency will be based at the idyllic Laughton Lodge near Lewes, a tranquil and inspiring space in the East Sussex countryside, where participants are invited to stay for the duration of the residency.

Dates & Times: Thursday 29th 12:00 -18:45; Friday 30th & Saturday 31st 10:00-18:00; Sunday 1st 10.00-14.00

Cost: £195 early bird offer for bookings made before 29th July 2019 and £225 thereafter.

For every ten full paying places we offer one reduced-price bursary place for those on a low income, please email us for further information.

Accommodation: Accommodation is available on site for an additional £100 for 3 nights including food

Travel: The nearest train stations are Uckfield & Lewes, 6 miles away from Laughton Lodge. One station pick up and drop off is included in the residency fee. Alternatively, there is onsite parking should you wish to drive.

To book: Please send a short biography and a paragraph explaining why you wish to take part, along with your name, email address and telephone number to: workshops@lostdogdance.co.uk

Deadline for booking: 22 August 2019